

THE LITTLE BOOK OF

# Angel Healing

FIRST AID FROM THE HEAVENLY REALMS

Kimberly Marooney foreword by Jean Slatter

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### THE LITTLE BOOK OF

# Angel Ftealing

FIRST AID FROM THE HEAVENLY REALMS

Kimberly Marooney, PhD Foreword by Jean Slatter







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## A Divine Invitation

We are invited into the embrace of angels. Who could resist such a divine invitation? That narrows down our choices. We can answer the calling joyfully, celebrating every step of the journey, or be carried on a stretcher to the heavenly realms of healing.





#### A DIVINE INVITATION

One morning not so long ago, Archangel Raphael entered my meditation in answer to my prayer. "Just tell me what to do!" I implored him. I was struggling with a persistent health challenge and was tired of it. His presence wasn't surprising. I'm blessed with the continual presence and guidance of angels. The surprise was the message Raphael gave me and where the energy contained in the words took me.

With his message, I could see, hear, feel, and receive the benediction the words described in a more profound way than usual. I was in a divine Healing Clinic, surrounded by light beings infusing my light body into my physical body and life. In a few moments, I was profoundly healed and elevated in consciousness. That experience was my call to action to cocreate *Angel Healing* with Archangel Raphael, the Master Healer. The clinic where I was healed is the same that is offered to you in these pages. It is always open for you.

Millions of people throughout our beloved world are asking, crying, and praying, "Just tell me what to do!"

Are you one of us? The challenges of life can be overwhelming. We weren't meant to make life work without celestial support. Overwhelm and stress result when we think we have to figure everything out ourselves.

#### HEAVENLY FIRST RESPONDERS

Each one of us has access to divine healing, and angels are our first responders. No matter what you are facing in life, you



can be restored and rejuvenated through personal experiences with angels.

Angels support the changes taking place on every level of life. Angelic intervention activates higher learning and consciousness needed to revitalize life on our planet in these remarkably challenging times.

You have received "A Divine Invitation." You may joyfully embrace angelic experiences in some areas of life and be carried on a stretcher to the heavenly realms of healing in other areas. This proves how well loved you are!

#### How do angels affect such astonishing results?

A guided journey into Archangel Raphael's Healing Clinic, the primary remedy, draws you into the heavenly realm where you

meet your angel team. You will learn to activate your divinity, discover how you are the blessing, and align with your Master Self to access healing energy. Here, we explore the question, "What more is possible for me now?"

By identifying life problems that need attention, or "symptoms," then taking systematic action in the form of specific spiritual practices revealed in the Thirty Personal Angel Healing Remedies, you can reconstitute health, balance, love, and abundance through your divinity.

A DIVINE INVITATION

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Angel Healing is not about relieving symptoms, finding a work-around, or even creative thinking. As you will experience in your journey to the Healing Clinic, an angel healing is a personal experience of divinity. Through experiencing heavenly energy, your symptom is brought into alignment with your soul calling, as directed by your Master Self.

Optimal health, abundance, fulfillment, divinely loving relationships, and eternal peace are the result.

Angel Healing returns you to a sacred state of oneness with your Master Self.

#### ANGEL HEALING REMEDIES

A Hebrew tradition tells that soon after Adam was driven from the Garden of Eden, he experienced illness. The angel Raziel gave Adam a book listing all the medicinal herbs that could cure every possible illness. See how much we are loved? Even before illness manifested, the cure was created.

—Kimberly Marooney from Angel Blessings: Cards of Sacred Guidance and Inspiration

If you knew how much the angels have to give you, you would be amazed! Everything we need is available even before we recognize the need. Let's explore the Angel Healing Remedies so you know how to access this treasury of muchness.

Each Angel Healing Remedy tells a story that you may relate to. Angels enter the story bringing wisdom, guidance, and resources. The Angel Prescription describes actions you



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can take to expand your perspective of this symptom or topic. When you enter into higher consciousness, new possibilities come into view. You have the ability to see your symptoms as an opportunity to leave behind old beliefs and habits. You are awakening the essence of your Master Self.

To use your personal Angel Healing Remedies,

- 1. Identify your *symptom* or situation in life that needs attention.
- 2. Find the *Angel Healing Remedy* that most closely matches your need.
- Take the Angel Prescription. Read the full remedy and do the exercise!
- 4. Linger in the *Angel Blessing* energy to complete the healing.

It's that simple.

Think of this book as your personal healing session with the angels. Read straight through to experience the progression of healing, or pick the remedy you most need.

#### **SYMPTOMS**

Symptoms are real-life challenges that guide us to qualities we want to enhance in ourselves, as well as situations we need to counter or release.

In medicine, symptoms are defined as subjective evidence of disease or disturbance, such as a headache or a fever. Rather than focus on a diagnosis of disease, *Angel Healing* focuses

A DIVINE INVITATION

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on what is lacking ease and situations that are troublesome. Symptoms may also be invitations to greater good.

A symptom, for our purposes, points to the existence of something else:

- Health issues may be a symptom that an old belief needs to be released to embrace a deeper truth.
- An unwelcomed shift at home or work hints that a new opportunity, more closely aligned with your heart and soul, is possible.
- Financial distress may be forcing you to transform false beliefs of scarcity into abundance.
- Your heart may be aching for your soul mate, a symptom that the deeper longing is for divine love.
- Or, your soul is calling you to share your gifts and wisdom in a much bigger way.

The circumstance of your life, coupled with the deep yearning of your soul, reveals where you are embracing Spirit or being carried on a stretcher to the heavenly

realms of healing.

Angels are the fast track. When angels touch your life, you are restored to wholeness. Once you have made the

connection, angels go before you preparing the way for a loving, vibrant, abundant, creative, and fulfilling life of joy.

How do you make this connection? Healing means becoming whole. Think of an Angel Prescription as first aid that



uses angel interactions, wisdom, and spiritual practices to restore your wholeness.

#### ANGEL PRESCRIPTIONS

A *prescription* is defined as an instruction written by a practitioner, authorizing the patient to receive medicine or treatment. Angel Prescriptions focus on taking spiritual treatments to restore wholeness.

As humans, we have been trained to look for symptoms. We are well aware of the forces that are at play in our lives. Then what? We often get stuck here, or we lack a systemized framework to respond to, or treat, these recurring issues.

Over my thirty plus years as a minister, spiritual counselor, and angelologist, I've heard stories from thousands of people around the world. From these stories, I've compiled our most common situations. I say "our" because I've personally been in each of the situations that follow. They have been carefully selected as our collective highest priorities in life. They are the same challenges and opportunities that have shaped my spiritual experiences and me! My darkest and most persistent challenges have become my greatest blessings, demanding that I strengthen the qualities of my soul needed to respond, effectively improving my life.

Stroll through your personal Angel Healing Remedies, looking for the story that most closely matches your need. As angel mystic Kimberly, I've shared wisdom from the angels. As Dr. Kimberly, I'm the practitioner writing the angel prescription. And as Rev. Kimberly, I've added a blessing to each of the stories.

A Divine Invitation





#### ANGEL BLESSINGS

The Angel Blessing guides you into a personal experience of how much the angels care for you. By reading the Angel Blessing with an open heart, you will "know" that angels are always present, providing opportunities for divine intervention.

Each Angel Remedy is your call to action, guiding you into direct, personal experiences with angels and your Master Self that restore peace, rejuvenate your body to health, correct conflict and misunderstanding in relationships, provide creative substance, relieve challenging situations, and offer solutions that never would have occurred to you. These results are *Angel Healing*.

Read on for your first personal experience of Archangel Raphael's Healing Clinic.















#### 1.

## Archangel Raphael's Healing Clinic

Just tell me what to do!

How many times have you felt like that? You have a problem and just want to know what to do to make it better or go away.

Take this journey with your angels into Archangel Raphael's Healing Clinic.

During this journey, you will meet your angels, learn to activate your divinity, discover how you are the blessing, and align with your Master Self to activate your healing energy. Read slowly, imagining what is being described. Take the time to visualize and feel. Open yourself to receive the flow of heavenly, healing energy. Savor this experience, and come back to make this journey often.

#### ANGELS ARE WITH YOU

Angels are here for you, *always*. You are never alone. You are not forgotten or abandoned. You are deeply loved and treasured.



What do you need help with? The Healing Clinic is open!

Walk in. Bring your troubles, fears, and dis-ease. The Healing Angels are waiting for you. What do you need help with? Breathe and take a moment to feel your body. What is lacking ease, alignment, joy, or comfort? Are you emotionally challenged with a conflict? Are you suffering with sadness, grief, depression, or anger? Do recurring thoughts of self-criticism or blame torture you? Is there a situation in life that needs your attention?



Whatever it is, let it come up for healing. Focus on the most important topic and hold it lightly in your heart. Simply allow it to be present. There is nothing you need to know or do because you are in the embrace of angels.

This Healing Clinic is within the Temples of Healing, just like a walk-in health clinic may be next to a hospital. There are many Temples of Healing. Each is unique for its purpose, breathtakingly beautiful, well staffed, and abundantly supplied. Your angels transport you to the temple that best supports your need.

## JOURNEY INTO ARCHANGEL RAPHAEL'S HEALING CLINIC

As you walk in, the peacefulness is astonishing! It's like a sci-fi movie where the charac-

ter goes through a doorway from one world and finds herself in another. The most immediate surprise is what is missing. Noise! There is a reverent silence. Rather than hear, you feel the harmonious vibration of the softest music. The music emanates from all around you, instantly soothing body, mind, and soul. The music itself has a sacred richness and depth that you

haven't experienced in earthly music. It's as if your whole being is singing along with this ancient song of love. In a breath, you feel at peace. Safe.

As you relax into serenity, you begin to look around. The reception area is breathtakingly beautiful. There is no desk to check in, no forms to fill out, no signs, no hand sanitizer, no face masks or gloves, no wheelchairs, no chairs, no waiting!

The room itself feels alive with energy and love. The walls emit a soft glow, lighting the room. The floor is warm and radiant. You feel welcome, like coming home to a sacred place that some deep part of you has yearned for through all eternity.

#### ANGEL OF COMFORT

You are expected. An Angel of Comfort meets you and wraps her arms of love around you. She caresses your back, and any anxiety or fear or concern instantly melts away. There is only peace, comfort, and love. You relax like a child in the Holy Mother's embrace. Your heart knows this place of deep love. Your soul remembers sinking into eternal peace. Instantly, all is well as you are transported within your Self to the higher truth. All is well.

ARCHANGEL RAPHAEL'S HEALING CLINIC



#### THE HEALING ROOM

The Comfort Angel escorts you to the healing room that has been meticulously prepared for you. It is so beautiful that you weep tears of gratitude as you release the burden you have been carrying. You may not even know it is there until you feel it drop away. This room contains everything you need, and it is yours to take away. Nothing is lacking. It's more like a combination museum/treasure vault than a treatment room.

Your angel motions for you to lie down. The bed is so inviting and comfortable that you sink into it. You feel as if you are floating in a universe of pure love and peace. As you venture far beyond the confines of your human body in an expansion of consciousness, all cares and worries melt away. You dissolve into this experience of unconditional love and eternal peace. There is nothing else.

One by one, loving and radiant beings enter the room. They gently surround you to lay their hands on your body in the areas that are out of balance or experiencing dis-ease.

#### LIGHT BEINGS TRANSMIT HEALING ENERGY

Through the hands of light beings, you feel a transmission of energy that is alive and pulsing with health, vibrancy, balance; with ease; with love and joy; with peace, pleasure, sweetness, strength, courage, ecstasy, bliss, empowerment, and possibility. Deeply receive this benediction directly from the Source.

Intuitively, you know that you are being energetically aligned with the fullness and truth of your Master Self. In truth, *you* are equally as radiant, powerful, loving, compassionate, and wise as the beings surrounding you.





You are Home. The light beings are simply helping you remember who you are. In this experience of oneness and connection, everything that is unlike this beauty, this peace, this truth is transfigured instantly into more love. The energy in your life that is contrary to this experience of bliss, this wholeness, is reconfigured. This energy is rearranged into the substance that you need to fulfill your soul calling. This divine substance is now part of your treasure vault to be used, for it is a blessing.

Your consciousness is restored as you experience oneness with your Master Self. Your body is rejuvenated as you release the imbalance of misconceptions and dis-ease. Your emotions are renewed to the full range of expression, properly perceived. Your life is reshaped to support your soul calling with everything needed. You are filled with gratitude for this experience of your Master Self and Home.

All *is* well. Invite the energy of love and peace to infuse every cell and atom in your body. Imagine your DNA being reconfigured to its pattern of perfection, instantly eliminating all physical challenges restoring wholeness, function, and beauty to your precious body temple.

All is well. Enjoy this presence of divine love and eternal peace.

#### LIGHTING YOUR RETURN

Your personal healing angel remains here, lighting the way back. This is your lifeline to easily and quickly return here.

You don't want to leave this feeling or connection with the light beings that cradle you in love. You don't want to leave this

ARCHANGEL RAPHAEL'S HEALING CLINIC





experience of Home. There is no hurry, no time limit, no time! You may linger here as long as you wish. How can you leave the heavenly realm of divine love and eternal peace to return to your life? Relax. Be at peace. Know that you are loved, supported, and cared for always.

#### **ACTIVATE YOUR DIVINITY**

You have been given a reminder of your Master Self and your true Home. This activation of your divinity is meant to inspire and motivate you to do what is needed in your human life to return here often for renewal and direction. You are invited to come here daily.

As the energy immersion completes, you are provided with a plan. You feel it intuitively in your heart. This is a prescription for what to do in your earth life to heal, to resolve problems, to make better choices, to align your Master Self with your life so you may dwell in divine love and eternal peace always, no matter where you are in material creation.

You are invited to walk among the light beings. You are called upon to share your gifts and wisdom as you serve others in the same way that you have been loved and cared for here. You are being taught to live in this world and in a state of oneness with your Master Self.

#### YOU ARE THE BLESSING

All is well. You are loved. You are the treasure and the blessing. Knowing that your angels are here, *always*, you feel fortified and ready to return to your Earth Angel life.





To come back to the Healing Clinic, close your eyes and take a breath. Place a hand on your chest and breathe into the love in your heart to instantly be transported here by your Master Self. Return over and over to this experience of communion, of holiness, of oneness. Return often to this place of sweetness and joy, of strength and power. Breathe and be filled with this energy. Savor it. Become it; it is you.

#### MERGE YOUR HEALING AND MATERIAL ROOM

Come back very slowly, staying in your healing room as you become aware of your surroundings. Visualize your healing room superimposed within your physical room. Imagine the light beings, the resources, the loving energy and wisdom, simultaneously existing in your physical room so that you can access the substance and support that was provided for you. Merge your divine experience with your physical reality.

Imagine yourself with everything that you need in life: perfect health, alignment, and well-being. Peaceful, loving,



ARCHANGEL RAPHAEL'S HEALING CLINIC





and supportive relationships. Abundance and joy, fulfillment and satisfaction. Deeply profound and intimately loving. Creative expression. Everything you need is here, now. You are completely supported in life.

Slowly open your eyes, staying in this place. Allow yourself to have the experience of being in both realms at once—both in your sacred healing room and present in your life. They coexist. You may choose which to access at any moment. You can take a breath and be in your healing room with everything you need. Your healing room is in your home! Imagine accessing your healing assets from the room you are in now. Feel the energy of the substance that has been provided for you right now, in your material room. Call it forth to manifest in your life.

Claim it as so, now.

#### ALIGN WITH YOUR MASTER SELF

At this higher realm of consciousness, you don't need to heal anything. There is nothing wrong. This is the most extraordinary feature of Archangel Raphael's Healing Clinic. Your body is vibrantly healthy. All you need do is align yourself with wholeness. Call your perfection into your physical body and then draw it into your life. Through aligning with your optimal pattern, you can instantly experience miracles of transfiguration and healing. Simply allow yourself to be in this presence of wholeness, completeness, abundance, and love. This is *Angel Healing!* 

Everything you walked in with has been transformed. It has been transfigured into wholeness, joy, love, and connec-



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tion. Everything you need right now in your life is provided. You feel fully satisfied. Let it exist in your imagination, in your heart, in your knowing, and most of all, in your energy field.

#### ACTIVATE YOUR ENERGY FIELD

You are experiencing *Angel Healing*. Your energy field is being activated at this moment to be a radiant, magnetic force drawing to you the demonstration of divine joy, health, abundance, love and comfort, support, everything you need. Let it be so right now in your energy field, whole and complete, already manifest. There is nothing to do.

Be aware of your magnetic energy field expanding to fill your room, while simultaneously connecting with your healing room, as they coexist. You can access both at the same time. Broadcast this presence out into your life, filling your home, your neighborhood, workplace, city, county, and your state, your country, your hemisphere, the planet! Out into our solar system, the Milky Way galaxy, out into the universe, all the way to the source of divine love. Into infinite expansion and glory in eternity. You! The radiant you. The Master Self you, whole and complete in the loving power and presence of eternity.

ARCHANGEL RAPHAEL'S HEALING CLINIC





Coming back, imagine the magnificent you returning from the heavens to our universe, to the Milky Way galaxy and our arm on the spiral where our tiny solar system is, to our beautiful blue planet, back into your room, your body, and your life.

Nothing will be the same. Know that your life has been completely changed by this experience. Close your eyes and breathe yourself back into your body and life.

Know that you can return to this experience of oneness at any moment. Practice it now. Inhale into your Master Self surrounded by beautiful beings of light that love you, care for you, and nourish you in all ways. Exhale into your physical body. You are both Master Self and Earth Angel, simultaneously.

You are the precious treasure.

You are the blessing.

Experience this meditation with Kimberly at www. Angel Healing First Aid. com.



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#### 2.

## Receive Divine Intervention

Angels, I ask for your help. There are forces at work in my life that I cannot identify. There are blessings within my grasp if I could only recognize them. Fill me with your love that my awareness may be lifted and I may realize the true nature of these events to receive their blessings.

Recognizing your angels and how they guide you is one of the greatest blessings. The angels offer a treasure trove of love, healing, guidance, and resources they want to pour into your heart. As you become conscious of their presence, amazing things begin to happen. A blessing is an "infusion of holiness." When you are touched by love or peace or joy, you are blessed or infused with holiness.

Seeking divine intervention is the key to the *First Gateway Initiation*. According to Judith Larkin Reno, my lifelong friend and mentor, a *gateway* is a level of consciousness that gives us access to higher energies so we can receive divine intervention. Your soul is calling you into unitive experiences with Spirit,





and Inspiration Angels are guiding you. Fortunata guides you to prosperity. Iofiel reveals your inner beauty. Israfel pops songs into your head as messages of comfort. Amarushaya helps you recognize blessings. Every angel experience brings you closer to life solutions.

There are many ways we can be blessed. Our angels communicate with us through signs and symbols. Many people tell me that they talk with their angels but don't receive a response. Angels are responding all the time. Are you ready to learn the secret code so you can easily recognize their blessing?

#### INSPIRATION ANGELS

Seeing a feather is a sign of grace as the angels bless you. Acknowledging this presence allows you to connect energetically. Angel Amarushaya said, "My gift is in recognizing the many forms of *blessings* in one's life. The obvious ones and the hidden blessings." Her touch softly awakens

you to hidden blessings. Often, these lessons come in the form of unpleasant exchanges with family and friends. Her blessing carries the power to heal and enlighten.

Do pennies just appear? Pennies confirm that you are guided and provided for. Angels are in a natural state of abundance, as is your Master Self. Shortage doesn't exist in the heavenly realms. When you find a penny, Fortunata, the Prosperity







Angel, is saying, "Hey! You have gifts others need! Share them like this!"

Did you know angels communicate through songs? Music is a part of everything celestial. Angels sing praises. Love and joy vibrate the music of the spheres. That makes music a natural for angel communications. Angel Israfel uses music to touch your heart with messages of love, comfort, and understanding.

Do you smell roses when none are visible? Angels live in a state of beauty that is visceral. Their presence is so exquisite that it exudes fragrance, sound, and vibrations that express their state of being. Smelling scents that have no visible source is a sign that angels are with you. Angel Iofiel encourages you to sense your inner beauty and the vibrancy of your Master Self.

Once you've made the connection, the angels go before you preparing the way for a loving, abundant, creative, and fulfilling life of joy. Want to know more about the ways angels communicate? Get your free download from www.RecognizeYourAngels.com.



RECEIVE DIVINE INTERVENTION



## ANGEL PRESCRIPTION: LIVE VIBRANTLY AND POWERFULLY

Be alert for intuitive knowing and synchronistic experiences with the following actions:

- **Identify** your need or desire for divine intervention and write about it in your journal. Go to Archangel Raphael's Healing Clinic to unify and gather resources.
- Look for synchronicity. While you are going about your life, watch for new connections and opportunities. Take action.
- Share your gifts! What gifts have you been holding back? When you need money, there is a gift inside you that is yearning to be expressed. The need for money is catalyzing your ability to share your gift.
- **Exercise** every day. Walk in nature. Move. Dance! Get your energy flowing so you are open to receive.
- **Celebrate beauty.** Dress and feel beautiful. Seek beauty around you and absorb its energy.
- **Listen** within for messages from your angels and write them in your journal. That includes intuitive knowing and visions, or guidance.
- Take inspired action! Follow up on your intuitive knowing and just do it!







## ANGEL BLESSING: SIMPLY BE, FROM A PLACE OF FULLNESS

Simply be.

Without effort, without pretense.

Simply be, from a place of fullness. Allow that to pour over into everything you do.

Begin with the fullness.

The illusion would have you believe that you are not full of the essence which has made you. That is a lie.

You are full of the Spirit of God.

You are connected to your Eternal Spirit.

You are a vessel of unconditional love.

You are a messenger of God. You are a beautiful spirit of healing transformation. You are a gift to this world.

You are the Beloved, the Blessed One. Feel this truth today and take

action!



RECEIVE DIVINE INTERVENTION











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You can find me in the Healing Clinic. I'm one of those light beings, and so are YOU!





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