



Episode 16: Kimberly Marooney—
First Aid from the Angels
Thursday, October 17, 2019

- 00:00:00 [music] You are not moving, you are being moved.
You are not singing, you are being sung.
You are not praying, you are being prayed
Prayed at the speed of love.
- 00:01:10 Janet Conner: You are not moving. You think you are, but you're not.
You are being moved. You are not singing, you are being sung. I always, when I
say that, wonder if singers understand that. I'm confident that on some level they
do. I've noticed that a lot of singers close their eyes when they sing, and I'm not a
singer but I'm assuming that that's that entering, going into themselves, just like
we so often close our eyes when we pray.
- 00:01:46 I love watching them, and they can't help it. I mean, you can almost see them
open their eyes again like the boss said, "You're on video. Could you please open
your eyes?" But then, bingo, the eyes have to close again. So I'm sensing that on
some unconscious level, they know this. They're not singing, they are being sung.
And, of course, the great truth when we pray: you're not praying. Now mind you,
nobody ever told me this when I was a kid growing up.
- 00:02:15 It was, "Get on your knees. Say the words. You have to pray." So for me, this is a
revelation. Every single time I say it it's just like, "Oh, wait a second. This is the
truth. You are being prayed," and, furthermore, being prayed at the speed of love.
And this speed of love thing is a big, big, big deal. If you're anything like me,
you've sort of moved through life following some self-help teachings etc. etc.
starting with, gosh, Stephen Covey how many gazillion years ago?
- 00:02:56 That you're supposed to have a goal. You're supposed to set an intention. Begin
with the end in mind. I'm sorry, Stephen. That is the worst advice ever given to
anyone at any time because if it's being done unto you, what are you doing getting
in the way, right? When you're saying, "This is what I want. These are the
thoughts I'm going to hold. This is what's going to happen. *Ming, ming, ming,*
ming, ming," you're following that linear line. You're totally out of alignment with
the Divine Feminine.
- 00:03:26 But you're not allowing things to be done unto you, and you're slowing them
down. You're slowing... and I have a lifetime of this, okay? So slowing
everything down. When the *Prayer Artist* thing came and this particular prayer,
that you are not praying, you're being prayed and prayed at the speed of love,

suddenly, things started to happen at the speed of love. And the speed of love is a heck of a lot more fun than the planning and the thinking and the outlining and the linear taking step by step when things could happen at the miraculous speed, the instantaneous speed.

00:04:08 Things happen—I know this is really hard to explain—but things happen before I even have the thought or the awareness that this is what I'm going to do or want to do. That's the speed of love. I'm Janet Conner. I'm a *Prayer Artist*. And I'm living at the speed of love and so are you. Because you have arrived at speed of love timing to the 16th episode, the 16th intimate conversation about prayer on this, my new podcast, *Praying at the Speed of Love*.

00:04:46 Now, I want to stop for a second and mention this number 16. In my previous show, *The Soul Directed Life*, I wasn't tracking the numbers. I didn't say this is the first conversation or the second. In the end, it ran for six years and I think we had 270 or 271 conversations. But I never thought about it. I never said the number. Now, I can't help but notice the number because the entire universe is constructed of numbers.

00:05:20 Prayer is numbers, love is numbers, universe is numbers, God is numbers. Well, this is the 16th conversation. What is 16? Pythagoras said it's one of four karmic numbers, so this is kind of a big deal. And if you look at the tarot card, it looks scary. It's The Tower crumbling to the ground. And you know what? What you're about to experience in this conversation is going to dissolve and crumble any limitations you might be holding about who the angels are, what prayer is, and what it means to live at the speed of love.

00:06:03 It's not an accident that this is the 16th conversation. On *Praying at the Speed of Love*, we are having these fabulous conversations. They are a deep exploration of prayer. It's the only thing I care about anymore. I love prayer, all prayer, ancient prayer, brand new prayer, mystical prayer, any kind of prayer where there is this experience of communion, where we are all one in the mystical body of the One Love, of source, of—I think of the divine as feminine—the One Mother.

00:06:41 In other words, what we're talking about here is prayer before and prayer after this tight, tiny, constricting, 5,000-year-old box that patriarchy put prayer in. If you look up prayer in the dictionary, you will be appalled. It will say that prayer, according to patriarchy, is supplication: supplication of a distant god, supplication of a distant male god, supplication of a distant male god that you must use with set words and set rituals.

00:07:27 Now, I don't care that that's in the dictionary. Not one word of that definition is correct. Not one word. So the great joy of my life, after being awakened and hearing in my left ear, February 25th of 2018, "*Prayer Artist*," the great joy of my life is discovering the true nature of prayer. Prayer is sacred, enchanting, delicious, transformational. If prayer ain't changing you, it ain't prayer.

- 00:08:00 This is prayer that vibrates through your entire body singing songs of love. That's one of my four definitions of prayer, that they are love songs. So in this 16th—talk about transformational, The Tower crumbling to the ground—we are going to sing a song of love with the angels, with beings of pure love. I cannot wait to hear their wisdom on the truth and power of prayer, the truth and power of love, spoken through the voice and the sacred heart of Kimberly Marooney, who is one of their most precious co-creators of love.
- 00:08:41 Kimberly Marooney is the author of—I bet anything that this is on your shelves—*The Angel Blessings Book and Card Set*. Do you know over 300,000 people have purchased that set in 16 languages? But she has a brand new book now, just out this month, *The Little Book*—so it fits in your purse, it fits in your pocket, it fits in your car, it fits on your writing table—*The Little Book of Angel Healing*.
- 00:09:12 Now, listen to the subtitle: *First Aid, First Aid from the Heavenly Realms*. Well, you know why I adore this? Because my second definition of prayer, after love songs, is prayer is medicine. Prayer is sacred medicine. In this conversation, there is something waiting for you. Some angelic whisper is wafting in the air right now, so let us listen as the voice of the Tibetan bowl calls us to open our invisible ears, our invisible ears, that we may hear what the angels are whispering.
- 00:09:57 [the bowl rings]
- 00:10:12 Janet Conner: Mm. She's still singing. I doubt that that's coming through the camera, but oh. She's still singing because the angels are still singing. They're always singing [laughter]. This is the first time Kimberly has been with us so let me do just a paragraph introduction. I love this about her. Kimberly Marooney studied Music Performance as a concert flautist. I think you might be the first concert flautist I know. She studied at San Diego State, but then had a successful career as a stock broker.
- 00:10:45 But in the midst of that career, she slowly became sicker and sicker and sicker until she was simply unable to function. She tells the story in the book. In desperation, she prayed these words, "Lord, I don't care what happens to me." Talk about a profound prayer. "Lord, I don't care what happens to me. All that matters is that I feel your love now."
- 00:11:17 And with that, the ceiling of the living room opened, the heavens descended, and she was held in an embrace of divine love that took away all the pain and all the suffering. Well, that got her attention. Since then, she has become an ordained interspiritual minister. She has a PhD in Spiritual Psychology from Gateway University, where she currently serves as president. I'll make sure that there's a link to Gateway University on our Show Notes page.
- 00:11:46 Kimberly joins us today from her home. Now, let's just think about this. Kimberly is an angel guidance consultant, communicator. There are only two cities in the United States of America where she could live, right? Right? Los Angeles or Port

Angeles [laughter] in Washington State. She joins us from the magnificent Port Angeles. Welcome, Kimberly.

00:12:14 Kimberly Marooney: Oh, thank you. I've actually lived in both [laughter].

Janet Conner: Well, there you go. Of course, of course, of course! Why am I the least bit surprised? So you just go where the angels tell you to go.

Kimberly Marooney: Pretty much [laughter]. It doesn't seem like that. You know, it doesn't seem like that at the time, but that's the truth of it. I'm being moved where I need to be, and it just happens in what seems to be an organic way.

00:12:43 Janet Conner: And, of course, they guided you to Port Angeles [laughter].

Kimberly Marooney: Of course.

Janet Conner: The port of the angels, right? So this is where... this is the safe harbor. A port is a safe harbor where trade can take place. I think that's the definition of port. So here we are all...

Kimberly Marooney: And a port is also a port of entry, so we talk about space ports. We talk about ports between dimensions, so there is definitely a port between the inner realms and the outer realms here in Port Angeles.

00:13:16 Janet Conner: And port, when you plug in your cellphone, don't you say you plug it into the port? So it's now batteries. I mean, this is pretty astonishing, all of the meanings of Port Angeles.

Kimberly Marooney: And we port information from one place to another. We port numbers from one place to another. It's quite an interesting place here. These last four years have been wild.

00:13:47 Janet Conner: So we want to hear your story because that's what this podcast is all about. We want to hear your prayer story, but it seems like the place to start is prayer. Would you and the angels like to open this conversation?

00:14:01 Kimberly Marooney: I would, I would. So let's close our eyes and take a deep breath into our hearts. When I pray, I like to put a hand on my heart because love, the speed of love, is how we pray, and the port or the entry into prayer is through the love in our hearts. So let's close our eyes and, with a hand on our hearts, let's just begin by taking a slow, gentle, deep breath into our hearts.

00:14:37 Bringing our attention to the love that is already there. Who do you love? What do you love? Beginning with that love vibration helps to open our hearts, helps to begin the connection, the mystical connection, to the divine. That's it. Just like that.

00:15:11 Your energy may feel like it's sinking down into your body, even beyond your heart, down to the core of your being. Or it may feel like it's lifting up like in an

elevator. You may have a slightly queasy feeling like when you're in a fast elevator going up or down. Simply notice your experience.

- 00:15:40 Notice how your body feels. Can you viscerally feel the vibration of love in your heart and your body, maybe connected to a person or a fur creature or yourself or a spiritual entity or being or a place? It doesn't matter. Whatever helps you to feel that love to begin with is the port into prayer.
- 00:16:19 And as you feel that, imagine that love expanding in your heart. Imagine the love expanding out beyond the edges of your body. Imagine that love expanding out to fill the room where you are, and imagine now that love connecting through hearts with me. And imagine that love connecting with Janet.
- 00:16:56 Feel the three of us in this connection of love and, as you breathe, you may begin to perceive the presence of some other divine beings. Notice who they are as we begin this connection of prayer with the divine. So perhaps it's angels.
- 00:17:25 The first angel who usually pops up for me is our guardian angels by our right shoulder. And if you put a hand on your right shoulder, you may just find it easier to connect with your guardian. As I look out with my inner vision, I've been given the gift of seeing everyone who will ever listen to this podcast.
- 00:17:52 I feel your heart. I see your eyes. I see your angels, and I feel the blessed connection that we have. Prayer is a connection with the divine and, in the divine, we are all one. We are all intimately connected in love. And it is through this connection that we can send healing, love, joy, prosperity, comfort, strength, confidence, whatever we need.
- 00:18:34 So take a moment now and think of someone you love who is in need of a little loving support. Imagine yourself with them now, and imagine holding them in the embrace of divine love, at the speed of love, holding them in the quality of love that they most need.
- 00:19:07 And when that feels complete, with gratitude in your heart, with love in your heart, come back to your own body, to your own self, to your own room. Take a moment now to reach out through this connection to Janet and me and everyone who will ever listen. Can you sense them? Can you feel them? And as we expand this perception of oneness, you may notice that there are many other angels with us.
- 00:19:39 There are archangels. Archangel Michael is holding sacred space for every single one of us. Archangel Michael has created a sacred circle of love for you to safely be in the state of vulnerability and connection. Archangel Gabriel is here helping you to know your divine calling if you will just ask and open to receive. Archangel Raphael is here with healing power. Jophiel is here with creative power.

- 00:20:13 Uriel is here with comfort and support. Chamuel is here with love and adoration. Metatron is here with all the powers of co-creation in the universe. So much power we access here in this portal of prayer. So with gratitude in our hearts, we send all of the resources we need into our lives, into the lives of those around us.
- 00:20:47 We breathe into our physical bodies with these resources, with this love, with this connection to all that is in divine oneness, at the speed of love. We say thank you, and in our bodies with all of this connection, we gently open our eyes to gaze upon one another with this beautiful energy of love within. Welcome to my prayer life.
- 00:21:22 Janet Conner: It's a beautiful prayer life. That was so beautiful to feel everyone listening. A lot of smiling angels, I think. So now I'm really interested in this first question. How'd you get from whatever your earliest prayer life was like to here, to now, to that? Because these are intimate conversations about how we were taught to pray as a child and, then, how our prayer lives evolved. So what's your prayer story?
- 00:22:04 Kimberly Marooney: I was born the daughter of a Presbyterian minister and a church lady, my mom. My mom was the consummate church lady, and my dad was a wonderful minister who had a lot of care for many people. Many people loved and respected him and came to him in moments of need to receive the care, the love and the care that he had to offer. Being a Presbyterian minister though, everything was in the book.
- 00:22:36 So there was no heartfelt prayer. There was a formula, and you had to follow the formula. You read the prayer in the book. At meals time, it was the doxology. At bedtime, it was that silly, "Now I lay me down to sleep" prayer. "I pray the Lord... if I should die..." Telling a little kid, "If I die while I'm sleeping, take my soul?" What a horrible prayer that is. That sets us up for real comfort as a little kid.
- 00:23:09 And all of the usual church prayers. I'd sit in church and we'd read "The Apostles' Creed." And I'd actually pay attention to the words, and I'd think, "Do you actually believe that? I know you don't because we talk about things that you don't believe at home." And, huh. But we'd say it like we believe it, and that was prayer life. I was paid to memorize scripture. I was paid to memorize prayers. I'd get a quarter for a scripture [laughter].
- 00:23:41 And that was spirituality. When I was 16, however, one of the treats that I got as a child was every summer starting in the third grade I was sent to summer camp, Christian summer camp, through the Presbyterian Church. And I must say that the Christian summer camps were really wonderful. So by the time I was maybe 14 or 15 or 16, somewhere in there, I'd learned to scuba dive.
- 00:24:07 And there was a camp on Catalina Island off the coast of Los Angeles, Long Beach, that had a Christian prayer camp, and it was also a scuba camp. So I was

very excited to go there that summer to be able to scuba dive in those pristine, beautiful waters. And it was also... I don't remember what the program was called, but it was Ragers or something like that. You got these kerchiefs you'd tie around your neck, and you got different colors for different levels of whatever it was. I don't remember.

- 00:24:37 But they had us campers out around a bonfire one beautiful summer night praying. And it was a charismatic, I would call it a sort of a Baptist-ish kind of a charismatic, out loud prayer. And we never did that in the Presbyterian Church. But it was this beautiful starry night, and I really got into it. And I was praying... I remember I was praying, "Jesus..." It was a Jesus prayer.
- 00:25:05 "Jesus, Jesus. I want to know you. I want to feel you." And I was really into it because we were all into it. We're all screaming these prayers. It was beautiful. It was fabulous. There was energy, not like my church experience, and I feel a hand on my shoulder, which kind of surprised me. I jumped back. I opened my eyes. I looked around, and there was actually nobody anywhere near me. So I closed my eyes. I went back in prayer, saying again, "Jesus, I want to feel you. I want to know you," blah blah blah.
- 00:25:36 Again, I feel this touch on my shoulder. Again, I'm frightened. I open my eyes. I jump, and there's nobody around me. So I take a breath, and I go back into my prayer, "Jesus, I just want to feel you! I want to know you [laughter]!" And, again, I feel a hand on my shoulder. And this time, the third time, I thought, "Oh, could this actually be an answer to prayer? Could this actually be Jesus answering my prayer, touching me, letting me feel his presence?"
- 00:26:08 And so I got quiet. I quit this out thing that I was doing. I got quiet. I went in, and I felt this amazing embrace of love. It was actually like arms were holding me. It was that visceral, that tangible, feeling this love. And there was nobody around me so there was no other explanation than my prayer was getting answered. Thankfully, I was smart enough to keep this experience to myself because I think even in that particular venue, while that's what we're all asking for, it's not expected for you to actually experience it.
- 00:26:51 So I kept my mouth shut. I kept it as a treasure in my heart. That was my first mystical experience, but that opened a massive door. And by the time I was 19, I had left the Presbyterian Church. I was off as a young university student, and I was on a serious spiritual path, seeking what does it mean to awaken? Already at 19, I knew I was on a path of ascension and awakening. And what does that mean?
- 00:27:20 So I started my journey through a bazillion different organizations who said they were awakening, who said they were ascending, that they had the words that seemed like it, but nothing was actually happening to the people. But it takes a while to figure that out. It can take a good two or three years to figure out, once

you work through all their stuff, that nobody is actually awakening. And so by the time I'd figure that out, then I'd be off and onto the next group thinking, "Is it happening here? Are people awakening here? Well, how about here?" So that's been my journey since that first experience at age 16.

00:28:00 Janet Conner: And it's so adorable. I don't know why I talked about the 16 at the beginning because that wasn't my plan. But come on! So you had this... the walls, the tight walls disintegrating with Jesus's hand on your shoulder. That might do it. But isn't that so interesting that it happened at 16? You've got me thinking now that it would be very interesting in deep soul writing and reflection if we all looked back to what awakening began at 16. So how is your prayer life—

00:28:38 Kimberly Marooney: Well, I just want to add one more thing about 16. So in numerology, you add the numbers together to reduce them to see what they come down to. 16 adds up to 7, and 7 is one of my favorite numbers. I even actually had a mist made up of the energy of seven, which at its essence is—numerology will tell you a lot of other things—but at the essence, it's soul connection. And I love that you're talking about deep soul writing. Soul connection is number seven.

00:29:09 Janet Conner: Well, and that makes such sense because the 16 carries that karmic energy of you got to work through this. You've got to let this go. You've got to. But when you do that, then you're in the seven. And across, I think, all traditions, certainly in Christianity, the tradition I grew up in, the seven is everywhere. The seven is divinity. So there it is in numerology. You want to get there? You want to get that awakening? Then there has to be the disintegration of the old beliefs and the old rules and the old whatever.

00:29:44 Kimberly Marooney: Yeah. It's a number of completion. Seven notes in a scale, seven major chakras, seven heavens, seven this, seven that.

Janet Conner: Yeah. It's everywhere, the seven virtues. I think seven shows up, at least in Christianity, just across the board. And whenever you see that number, you know you're seeing the living presence of the divine. So then what happened [laughter]? I'm so interested in this.

00:30:15 When I read that you were a stock broker, I went, "Oh my goodness me," because I was a head hunter. And these two careers are exactly the same. It's transactional. You're making money, blah blah blah. And I was sick, not as sick as you, but I was sick the entire time I was a head hunter. I mean, but my body was saying, "Janet, this isn't helping." So did you have some kind of prayer life that held you through those days?

00:30:44 Because I've got to confess, I didn't. I didn't. And I was parched. So tell us about the evolution of your prayer life.

00:30:53 Kimberly Marooney: I've always been on an active spiritual journey, regardless of what I was doing in my life. And I started out as a professional musician, and

my hand quit working so I couldn't play my flute. My arm quit working, so I took that as a sign I was supposed to do something else. I ended up first as an insurance agent, and then I advanced to a stock broker, and then I finally became a financial planner. And I was very good at it. I enjoyed it. I was young. I was cute. Everything was wonderful. I was the darling of the office.

00:31:23 I did my job really well, but as I was driving to work every day in my Mercedes-Benz, my inner voice was saying, "Please don't make me do this. Please don't make me do this. Please don't make me do this," because it just wasn't me. And so it took this slow, painful disintegration of my health to finally get my attention. And, of course, I was making so much money, I couldn't just quit [laughter]. And we needed that money in our lifestyle.

00:31:55 So it took an illness to pry me out, to pry my death grip out of that job and let me explore something new.

00:32:05 Janet Conner: I guess you could say the illness was the next experience of The Tower crumbling to the ground. And it's a good thing there's a mute button because I'm laughing my fool head off because this is exactly my experience as a head hunter. I actually said out loud to my best friend... I can't believe I said this. This was my soul talking to myself, but would I listen? No, I would not. But I actually said, "I leave my soul on the side of the exit to downtown Tampa and pick it up on the way home."

00:32:37 Janet, maybe you should listen to what you're saying. And since I'm no longer in that marriage and no longer a head hunter, I'm not sick anymore. So yay [laughter]! So what happened? There you are, you're sick. You call on divine love. You're held in this unbelievable embrace. So then tell us the story of how you become a spiritual psychologist with such an intimate relationship with the angels.

00:33:05 Kimberly Marooney: I want to come back to that prayer because that prayer was a really important turning point. And up to that point, my prayer life had been very different. But that particular day, I was lying on the couch. Everything hurt. I was in excruciating agony. I had a pillow over my eyes because light hurt, sound hurt. Everything hurt. I couldn't eat anything. It was a major deal to get up and go to the bathroom. I actually wanted to die.

00:33:34 But there was this part of me that knew that if I asked God to just take me home, if I asked to die, that that was coming from my ego and there was something else happening here that was important. And so somehow, lying on that couch that day, I got to this place of deep surrender. I'm going to say it's the first time I had an experience of deep surrender. So looking back, it was the angel of surrender who was helping me come to that place of completely letting go.

00:34:06 I was past bargaining, "If you do this, I'll do that." I was past bargaining. I was past everything. And all that mattered to me was, like that night on the beach,

feeling God's love holding me. That was all that mattered. And this is where I see now, coming back, the angel of prayer was teaching me a real prayer which was, "I don't care, God. I don't care what happens to this body. All that matters is that I feel your love now."

- 00:34:40 And I poured... you know, usually a prayer is something kind of mental, and it's shallow. I poured my whole being. I put all of my physical energy, all of my emotional energy, all of my mental energy, all of my spiritual energy, all in. I went all in on that prayer in a way that I had never done at any time in my life. And if you think about it, that is really a scary fucking prayer. Excuse me.
- 00:35:10 But that is a scary prayer. "I don't care what happens to this body in this life. All that matters is that I feel your love." And because I was all in and because I had completely surrendered to whatever the result was going to be, with love, with gratitude, with joy, that's when the miracle happened. That's when the whole heavenly hosts came into my living room and held me in this embrace of divine love that was unlike anything I had ever experienced.
- 00:35:48 That love was so deep and so powerful that the four years of excruciating agony that I was in every second vanished. Now, this was a pain that no pain meds could touch besides... I hadn't tried morphine. I wasn't willing to try morphine. But none of the pain meds that I had tried could touch this pain. And in that embrace of love, I was at peace. I felt comforted. I was without pain.
- 00:36:20 And while some of the pain came back after that, it was greatly reduced. It was manageable. And my healing began. I was guided to a doctor who could help me. And while I was in that embrace of love, I was asked to co-create a bridge to spirit, and my little brain is saying, "Bri...? What? What is that? I don't get this." So I just perceived it like flies and shooed away my little brain and said, "All in," again, "All in, full in. Yes."
- 00:36:54 I didn't care what I had to do as long as I could stay in this love. And that is what became *Angel Blessings*, and that is why *Angel Blessings Cards* are different from anything else that's out there on the market. They are powerful. They are pure. They are amazing, and they are truly a bridge to spirit.
- 00:37:22 Janet Conner: I can attest to that. I'm holding my deck right now. These are different. They're deeper. Zadkiel in particular is just, just, just... of course, he's number seven, the angel of prayer. It's because of your book that Zadkiel is now in my, I call it the Council of Love. So I have read this and read this and read this. This is an education on prayer. So I would love to know what the angels have taught you about prayer.
- 00:38:07 Kimberly Marooney: So they have taught me that prayer is not a begging, which is what... I went through a period of prayer with a group that taught us to beg to God. And there's actually a time for that. There's a phase of our evolution that we

go through where we do need to have this begging. Where we do need to... in a sense, what we're saying is that I'm powerless.

00:38:42 I am powerless. It is the divine that has the power. But then as we evolve, we realize that we are the divine. And as we make that connection... like, for me it took the begging to get into the knowing that I am divine. But I don't pray like that anymore. I don't beg like that anymore. I pray so differently now, and I pray from the position of equality with spirit, an equal co-creator with spirit. And I pray from recognizing what I need help with, recognizing the dilemma or the situation that I need help with.

00:39:25 And I pray as a co-creator in finding the solution. And, often, I just pray because I want to feel the love and the joy. So often for me now, prayer is just to connect, to love, to send healing to others and not so much asking for something that I need, although, of course, in my life, I still need help with certain things. And it's funny how I seem to neglect asking for the help that I actually need in my prayer life because I'm so focused on serving others.

00:40:01 So, somehow, there has to be a balance in there between taking care of ourselves and our lives and our service to others.

00:40:10 Janet Conner: Yeah, what I've discovered is... this is hard to put into words. Asking without asking. At this point, it's very, very rare for me to have a specific request. And, yet, I think it's more of an openness. Because if the prayer is "Let me serve you," if the prayer is "Let me be you," if the prayer is "Let me be the divine in and through and as you," well, that's the biggest ask of all [laughter].

00:40:46 But at this point, in fact, I've caught myself slipping back into that, "Give me this. I want this," and then I say, "I'm sorry. I'm sorry. I'm sorry. What am I doing [laughter]? As if you don't know," right? And then, invariably, when I get out of the way, things end up being so much more magnificent, so much bigger, so much wilder than anything I could possibly, possibly have come up with.

00:41:13 Perhaps you know another angel woman, Belinda Womack. She has a couple of books and, in fact, she was the last guest or I should say the angels were on the closing conversation for *The Soul Directed Life*. And I asked her how she prays, and she said, "At this point, I have one prayer. One. That's it." And it made such an impression on me. The prayer is "Just don't let me get in your way." That's it.

00:41:45 Kimberly Marooney: I have a prayer like that.

Janet Conner: I mean, that's it. Just don't let me get in your way. And I'm taking copious notes the whole time during this conversation, all conversations, and then in deep soul writing, that phrase just don't let me get in your way turned into an entire prayer. An entire prayer that walks through what you just said, which is, "Okay. I started out asking and you know what? I'm not going to do that anymore." And so I have one prayer now, "Just don't let me get in your way." But

whenever I say it, I burst into tears. So I'm still asking, "What? What have you got?"

00:42:19 Kimberly Marooney: So in this fifth chapter, which is all about my life is falling apart [laughter]—

Janet Conner: Been there!

Kimberly Marooney: —the prayer at the end... this is actually from my old style of praying but every now and then it really comes in helpful. "Help me to stop resisting your help. Help me to completely trust you. What if I could let you move me without needing to figure out why or where beforehand?"

00:42:50 I'm so stuck in wanting to know. This is only because I'm afraid. What a relief it would be to not have to know everything. Such freedom in not having to figure it out. Help me to simply receive your hints with gratitude and take action on them."

00:43:11 Janet Conner: That's it. That's the sentence. And for listeners, that's on page 42. Help me to simply receive your hints with gratitude, but then do something, take action, right? If we're going to be the divine in and through and as us on earth, well, you've got to bring it to life.

Kimberly Marooney: Take action. Yup.

00:43:33 Janet Conner: So your book opens... the very first thing, you just turn the page. You say hello, and the very first story just took my breath away because I've never read my own story [laughter]. It's like wait a second, wait a second. This is a big deal. So you tell the story of a young boy who squeezed out of his mother's arms to run back across the street to the big fancy fire truck, and there's a speeding car coming.

00:44:01 And the mother sees. The mother screams out to save her baby, and the baby is lifted over the speeding vehicles. Now, I read that and went, "Wait a second. I had that exact experience." I was a head hunter. My baby was maybe 12 months old, 18 months old. I had no spiritual life, and I simply stepped out of my...

00:44:32 I was the vice president of an international search firm. I stepped out of my head hunting office to go buy lunch. I was just buying lunch, and I'm walking back across a very busy street, back to my office. It's noon so there's a gazillion people on the streets, and I think everything is fine. But as I'm crossing the street, I see a red—I can still see it—red convertible. It's speeding right towards me, and I know I'm just going to get hit. There's no time to think. There's no time. That whole thing about you see your life review, huh.

00:45:01 Nothing happened. I did splash on my baby in his crib. I flashed on that. This was my brilliant thought: "What a stupid blanking way to die." That was it. That was it. I didn't even have enough sense to say, "Help me." Suddenly, I'm lifted off the ground, and it felt exactly like you described Jesus touching you. I thought it was

Jesus. Big, masculine, complete protection, and I'm like a little kid against his giant... like, he's the size of a statue.

00:45:37 Being held—while I'm still holding my lunch, mind you—held against his... it just felt... I wanted to just... let's just stay here. Let's just fly over this car forever. But then I'm put down on the other side. Now, what the two-year-old boy can't tell you but I saw is as I'm being put down on this busy corner I'm afraid to look at people because they're going to go, "Who was that lady in the black and white herringbone dress and black patent leather heels who just flew over the car carrying her lunch?"

00:46:11 I was just like, "Holy shit!" So I finally open my eyes to look though, and they were frozen. I was seeing them at this precise moment that, like statues, they were coming out of being frozen. For however long it took for me to fly over that car, time stopped. And so I saw them come out of that frozen, and then I still foolishly think they're going to stare at me. But, of course, they didn't.

00:46:41 So I'm standing there. Now, I'm the one that's frozen, like, "What the? What just happened?" holding my lunch, and they just rush around me. These are all Young Turks, right? They've got to get their lunch and get back to their stock broker and head hunting and banking offices. And they just rush around me like, "Lady, get out of the way." So I stand there, and I stand there, and then I think, "Well, guess I'll go back to my office and eat lunch." I had no one to talk to.

00:47:10 I had no one until years later, Margo Mastromarchi, my friend who is in angel guidance, I told... no, no. I didn't tell her that story. She was saying that the angels, you would ask for help, but they will step in. They don't like to just step in and take over your life, but they will if you're in danger and it's not your time to die. I went, "Wait, wait, wait, wait, wait! Wait! Wait! I had that experience." So please tell us, what happened to that little boy and to me and to many of us, right? Many of us have this experience.

00:47:49 Kimberly Marooney: I was a toddler drowning in a pool, and then I wasn't. So it has to do more with our destiny. You had a big destiny that you were unaware of, and your consciousness didn't need to, your ego didn't need to ask for help. Your soul directed that help. And, usually, it's Archangel Uriel who responds. That's like a Uriel thing to come and save you like that. That's Archangel Uriel. Yeah.

00:48:20 And so those of us who have big destinies that end up in these life threatening situations, it's very important that we keep our bodies so that we can fulfill our destiny, whether we know it yet or not. And so that's what you experienced. Look at you now. If you hadn't lived, you would've had to start over in a new body [laughter], and there's 20 years wasted. And, then, you wouldn't have been who you are now at the time when you're most needed.

00:48:53 So the spirit has to plan way in advance to get us to the point where we're ready to deliver the goods.

- 00:49:06 Janet Conner: So I think, now, a lot of people, when you mentioned the toddler drowning and then not drowning, I bet this is a pretty common experience, huh?
- Kimberly Marooney: Yeah. And what you experienced was really interesting because my rescue was... it just kind of happened, and my mom was a part of it. But yours was outside of time and space. So here's your first introduction to the fact that you can be outside of time and space.
- 00:49:42 And because it was outside of time and space, there weren't any observers, so this miracle was just for you. Spirit can also do it in a way where there are observers, so it depends on what's being called for in the moment. Who needs to be shaken a bit? Because that would certainly shake you up to watch some woman go flying across the street and avoid being hit by a car.
- 00:50:11 And it seems that, at the time, there was nobody right on the street who needed that particular kind of a wakeup call besides you. So this was very special because it was just for you, and it was setting the scene for your later advancement in life. This was your soul saying, "Wakey wakey, honey [laughter]."
- 00:50:35 Janet Conner: Yeah, because it could've happened that I didn't see that half a second of the people coming out of the... that has stayed with me so, and how many years later? I think this story is in *Find Your Soul's Purpose*, my seventh book. I tell the story because, in that book, we go backward in time through our chronological life, and then we experience our birth. And then we experience our conception, and then we simply leave time all together in order to have a communion experience with the divine to remember, not find or be told, but to remember your soul's purpose.
- 00:51:14 Well, how can I explain to the reader that this is really a perfectly normal thing to do, dear [laughter]? So I tell the story of the time that I experienced... so you're right. I could never have written that mystical chapter in that book if I hadn't. So that is, once again, now this is speed of love. I was thirty... no. To have a baby at 41, so this would've been at most, I was 42 years old when that happened.
- 00:51:45 And my first book came out when I was 60, so *Find Your Soul's Purpose* came out when I was turning 70? I think that's right. Like, wait a second. So it took me... so how many seeds? I guess what I'm trying to say to the listeners... because we have a tendency to focus on the now, right? What's happening in my life now? When the truth is all these stories, all these seeds, all these archetypes, all this guidance, like you being touched by Jesus on your shoulder when you were 16, that's integral.
- 00:52:21 That's necessary. And so sometimes... I know that everybody talks about now, now, now, now, now. Let go of now for a second, and let's look at how the divine has been singing our love song since birth. And maybe what we mean by

awakening is just beginning to hear this symphony that's been going on a long time.

00:52:45 Kimberly Marooney: I want to give you a different perspective on now. Now is everything now simultaneously. So now, I can remember back and feel that embrace from Jesus when I was 16 as now. I can go back on the sofa and relive that experience of being blessed with the angels as now. You can go back to that experience of flying through the air as a part of now.

00:53:18 You can revisit your beautiful 12-month-old baby in his cradle now. And it goes into the future too so, simultaneously, we can explore, "Who am I 10 years from now? Who am I 100 years from now? Who am I right now outside of time and space?" Because now is more than what we experience here in our three dimensional physical realm.

00:53:48 The eternal now is access to everything now simultaneously. This is the eternal now. And this is one of the gifts that I've been given is... I mentioned when I was praying that I have the gift to look through my inner vision and see everyone who will ever watch this or listen. So I don't see people so much individually. It's like I see a crowd shot, a silhouetted crowd shot. That's kind of how it's shown to me.

00:54:20 I see a silhouetted crowd shot, so I can make a guess at how many silhouettes are out there. And there are a few that stand out a little bit more than most, so a few I can see their radiant hearts or I can see their bright shiny eyes. There are a few who stand out. I think those are the souls that I've already been connected with one way or another through this personal life as Kimberly. But it is an amazing gift that's helped me to understand more of the concept of the eternal now.

00:54:53 Janet Conner: So when you're doing a one-on-one consultation with someone, and they come with questions about health or whatever is happening in their lives, can you describe what you see or hear?

00:55:13 Kimberly Marooney: Well, it depends on what the person wants, what they're ready for, what they're asking for. With most people, my experience of them is fairly limited, but every now and then, depending upon how open they are or what they need to accomplish or what they're trying to heal or break through, I will see more of who they are. I love to see who people are. I love to see their presence, their light body, their master self.

00:55:44 That's something that I enjoy, I ask to see. My mom passed away a few weeks ago, and the night before she died, I was in my bed and she was out in her chair in the living room because we couldn't move her at that point. There she was. And so I was lying in my bed trying to sleep, and I could hear her trying to breathe. And so I asked, "Please show me her master self, her true self, her Christ self, her light body."

- 00:56:15 All words for a similar essential self, true self, all kind of a similar thing. And it's the first time I've asked to see her and, sure enough, I was shown who she is. Her master self, her true self, came into the bedroom with me, and I had the opportunity to thank her for creating this amazing woman who was my mother. And after that finished, I asked if I could see my dad's because he was sleeping in the other room. I asked to see my dad's master self or true self.
- 00:56:48 And, sure enough, his true being came in, and I had the opportunity to thank him for the difficult life that he's lead and for being the wonderful father that he was, to thank him for creating this life for me. So it was a really beautiful experience with the true beings of both my parents. So sometimes those of us who can see, who are mystical, who have our inner senses—doesn't matter whether we see or feel or know or hear, however we perceive—sometimes we just need to ask and amazing things can happen.
- 00:57:33 Janet Conner: I'm curious as to the stories that are in this book, *The Little Book of Angel Healing: First Aid from the Heavenly Realms*. It addresses specific issues, so a person is afraid all the time, chapter nine. A person is overwhelmed by challenges, chapter eight. Anybody could open this and go, "Oh yeah. Okay." This is like the Rx, the prescription pad here.
- 00:58:04 I'm sinking into sadness and depression. So did people... these are all common experiences, so people come to you. The angels give you the guidance, and then is this a compilation of everyone who had that kind of issue? How did you create the book?
- 00:58:25 Kimberly Marooney: I'm so glad you asked. So 8 or 10 years ago now, it's been a while, I was working with a branding specialist and a web developer who was helping me create, actually, the kimberlymarooney.com website I have right now. And for part of that, she had me read through years and years and years of emails from people and actually extract out the best things that they said, looking for themes. So at that time, I went through and I think I found about 20 different themes that people were asking me for.
- 00:58:57 This took many, many hours of work. This was like months, a month's long project looking for what are people asking me and how are they asking it? And so I had compiled that into these categories, and then I shrank it down to like, I don't know, 10 major categories. And then at the time what I did was I applied all of my work that responds to those questions and I made what we now sort of call a suite of products that solves that problem.
- 00:59:30 From marketing, here's the problem. Here's my suite of products that solve that problem. Some are free, some are entry point, some are more expensive, some are longer, more commitment courses and things like that. So I had done all this work. And so when I came to do this *Little Book of Angel Healing*, it was really easy for me to pull that out because I'd actually extracted these little bits. And so

in *The Little Book of Angel Healing*, most of them start with a story, and some of these stories just came straight out of those emails.

- 01:00:06 So, example, the number two, receive divine intervention. I got an email that said, "Dear Kimberly, I'm asking for your help." I rephrased it a little bit but she actually said, "There are forces at work in my life that I cannot identify. There are blessings within my grasp if I could only recognize them." Then I made some adjustments here. I added in, "Fill me with your love that my awareness may be lifted and I may realize the true nature of these events to receive their blessing."
- 01:00:41 She had written something like that, but I did a composite down to make it fit in the book. And then, often, the story I'm telling has something to do with some of those emails. So throughout the book, there are these... another one was chapter three, how may I develop my connection with angels? "Help me feel your presence and recognize your assistance." That was straight out of an email. That's also straight out of my own personal prayer life.
- 01:01:13 Number four, help me change. This was straight out of an email. I don't think I changed this at all. "I'm going through a transformation and growth process. I'm in a tough place where I'm looking at the areas of my life that are not working. How can I gain clarity to make the best decisions?" So I ended up with 30, starting with the first ones that I took out of my email, and then I added in other issues that I've struggled with personally or other issues that I've encountered since I did all of that homework looking through my emails, other things.
- 01:01:52 I'm doing interviews all the time, so I write down what people ask me. I'm not very organized about it but, somewhere, I have all these fabulous notes about what people say. And sometimes, too, I just go back and I listen to an interview I did where I took callers. And I listen again to what are the people asking me? What are the questions? What are they most concerned about? So this, *The Little Book of Angel Healing*, it's real. It's not some kind of concept that I made up. It's fresh out of my experiences with people and my own inner growth path, so...
- 01:02:34 Janet Conner: Can we have one together? You want to pick one and [inaudible]?
- Kimberly Marooney: I wanted to go with grief. I wanted to go with grief because my mom just died. And today is the first day that I've actually kind of felt like myself. I've been resting this week and trying to recover. It was a big deal. I was exhausted. I've been to California five times in the last nine weeks to be with her. It's a big trip.
- 01:02:59 It takes all day from 4 o'clock in the morning till after dark at night to get there and back because I live in a remote location [laughter]. So chapter 14, "I've lost someone I love and grief is devastating." I actually wrote this thinking back about my husband who died. My mom was still living when I wrote this. "I can barely

think or function," which pretty much applied to this week. "My life feels empty. I not only lost my beloved, but I also lost who I think I am. Show me the light."

- 01:03:34 So this was my journey when my husband died. "Your guardian angel leads this team of comfort angels, helping you reconnect with the fullness of yourself. Immersion angels fill you with sweet, comforting love and peace. An angel message brings peace. Grief reminds us that we have agreed to be limited to a body. Collective consciousness says that when our loved ones die, they are gone.
- 01:04:06 Remember that you are an earth angel. Remember that you are more than your body and personality. Remember that we are all one in divine love. You are a bridge to spirit. At the sixth gateway initiation, you have the ability to expand your perception of self, others, and existence. Grief brings the energy of expansion and connection when properly perceived.
- 01:04:38 The transition of your beloved is an invitation to remember your light bodies, remember your master selves, remember your existence together in eternity. As a bridge to spirit, your soul embodied with the purpose of shining light into the darkness of forgetfulness. You and your beloved agreed that this time of transition signals the revelation that we are not separate.
- 01:05:09 Now is the time for your expansion into the full realization of your master selves and beyond into all that is. Your beloved is leading the way. What if this time of transition could become ecstatic union with your beloved in eternal love? Breathe this in. Feel its potential. With each breath, expand into the embrace of home. This is the sixth gateway initiation."
- 01:05:41 And then I go on to talk about the comfort angels, but just a few pieces here. When I was writing these remedies, it was really easy to just crank out 30 different remedies, but what's the fun in that? That's not who I am, so I wanted to find what's the undercarriage? One of the reasons why *Angel Blessings Cards* are so powerful is that they have a really interesting undercarriage that I never wrote about. I didn't talk about it.
- 01:06:12 But in creating the *Angel Blessings Cards*, I spent months, maybe a year, writing out who are the angels who are going to be in here? What categories or what choirs or what qualities of angel kingdoms are they bringing with us? I did write about it a little bit, but I didn't tell you all of it because also within there is... I also love the Qabalah. There's the Qabalah undercarriage. There's a secret Qabalah undercarriage in there, and there's a few other secrets that I don't even remember what they are because it's been almost 30 years since I wrote it.
- 01:06:46 But I remember the great care... I have these beautiful charts—I wish I'd kept them—that had all the underlying energies that were going into making this grid of energy that *Angel Blessing Cards* are. So I did that again for *Angel Healing*, and I ended up combining six different ways of looking at healing. I talked about the sixth and seventh spiritual initiation.

- 01:07:16 My beloved mentor, Judith Larkin Reno, wrote extensively about what she called our God ladder which is the seven realms of our being as a light being, how each of those realms has a different rule book, and how, as we go up and down this ladder in consciousness, we also go through spiritual initiations. What are those initiations? How can we recognize them? How do they impact how we perceive life?
- 01:07:46 So in here I mention both the sixth and the seventh gateway initiations, which is a whole teaching of itself. And I'm going to skip over the comfort angels and just jump to the remedy because we're going to get a little taste of the angels in the remedy. And, of course, this is the bridge to spirit meditation, coming back to that experience I had long ago where the angels told me that I was going to create a bridge to spirit. What I didn't realize was that I am the bridge to spirit.
- 01:08:17 I was becoming the bridge to spirit. So in each of these remedies, there's a story, enter the angels, then there's an angel prescription. Being a spiritual doctor, Dr. Kimberly, I can write a prescription. And then being Reverend, I wrote a blessing to finish it up, or I borrowed a blessing from a bunch of wonderful friends. So this particular meditation, I revised that came from one of my local friends here, Judith Coates, who is an amazing channel for Jeshua.
- 01:08:50 And this is a revision or a version of a meditation that Jeshua suggested for us. So are you ready to do this? Okay. So let's close our eyes and once again breathe. The angels are always telling me to breathe, relax, and Jeshua is always telling us to breathe and relax. Allow your chest to expand with your breath.
- 01:09:22 Exhale completely, and feel the peace that comes with breathing. So a few nice deep breaths, relax. Feel that peace. Feel yourself as light. The light of your essential self surrounds you, activating the body.
- 01:09:54 Feel this soft, golden light around you, illuminating everything. Reach out to your beloved. So now your beloved could be anyone living, crossed over. It doesn't matter. Pick someone you want to connect with and, through your heart, through this energy light, reach out to them. Allow your inner knowing to connect with your beloved in unconditional love.
- 01:10:28 No words are needed. Be at peace together in love. Be one in the light. Speak from your heart. What would your heart say to your beloved? The inner most being of you speaks to the inner most being of your beloved, connecting in oneness, in communion, in love.
- 01:11:12 Listen. What does your beloved say to you? Receive the message. Bless your beloved with your love. Receive the blessing of their love in return.
- 01:11:41 Know that you can connect and speak any time. There are no barriers to communication and coming into union. How did that feel?

- 01:12:06 Janet Conner: That's such proof that these are prescriptions. These are divinely guided prescriptions, and there's one for every one of these situations. This is a truly beautiful and helpful, useful, mystical, but yet so practical and embodied. It's spectacular [laughter]. Oh.
- 01:12:45 Kimberly Marooney: Well, thank you.
- Janet Conner: This belongs on everybody's nightstand because it never fails that these situations—
- Kimberly Marooney: It's in Target.
- Janet Conner: [laughter] It's everywhere! *The Little Bit of Angel Healing*, and it's healing.
- Kimberly Marooney: So we can do this not only for beloved ones. So if we've had a fight with somebody, there's another one for conflict, but we can use this.
- 01:13:15 If our beloved is crossed over, we can use this. We can also use it to connect with saints, with ascended masters, with angels, with Yeshua, with Jesus, with Mary the Mother, with Mary Magdala, with God direct. What fun is that [laughter]?
- 01:13:38 Janet Conner: Well, that's the truth about the mystical life that nobody communicated that when I was a little kid growing up. They'd show you the martyrs and like, you know what? Being a saint does not look like a whole lot of fun here, people [laughter]. Because I had my little stack of holy cards and most of these people were martyrs. So I want to do this because why? So what the great excitement about the mystical life has been discovering that it's so delicious and it's fun.
- 01:14:05 It's fun to dance around this house with the angels, with the divine. What happened to me in that meditation is I went into the future and communicated with someone I don't know right now in this life expression, but I know I'm going to. So we can go back, forward. As you said, the mystical now is everything.
- Kimberly Marooney: Oh, beautiful, beautiful.
- Janet Conner: Everything. So because I care so much about prayer, I just want to make certain that I can ask this one question. Have the angels, would they, have they ever given you a definition of prayer?
- 01:14:43 Kimberly Marooney: They say to me that prayer is the asking and meditation is the receiving. So in order to ask, we have to go through a couple of different phases. First of all, we have to know what we're asking. So we have to have a little time of self-reflection, and the greater the clarity we have, the better they can answer us. If we're unclear, they can't answer us. And if you have the same prayer over and over and over, it's not working. It's time to back up and start over.

- 01:15:17 It's time to rethink your prayer strategy. So the first thing is to gain self-awareness. Number one is gain self-awareness. Have the self-awareness to recognize what you're asking for. Now, it may be the same thing every time. It may be "Live through me, act through me, breathe through me, make me your living vessel."
- 01:15:38 What a beautiful prayer to have over and over and over. But if you're asking for God to solve a problem that's not getting solved, like "Help me win the lottery," are you buying a ticket [laughter], as the saying goes? So gain self-awareness. What's your business with God? That's what one of my spiritual teachers used to ask. What's your business with God? It's important to be clear about that before you enter into prayer.
- 01:16:07 The second phase is to cherish change. So real prayer brings change. Are you ready for change, or are you just clinging to suffering? Sometimes we pray and pray but we really don't want change. We're being a martyr clinging to that suffering, and we don't even recognize that we're doing that. And that comes back to that prayer of mine on the sofa. "I don't care what happens. I don't care what happens to this body or this life."
- 01:16:35 That is a depth of surrender that you may not need to come to for your next prayer, but to certainly be ready for the radical change that prayer can bring at the speed of love. So we've all been in preparation here. The third phase is now to make the connection. So I began today with how I do the connection: through the heart, entering through the heart, through feeling how I'm feeling.
- 01:17:05 What's my body feeling? How are my emotions feeling? What is my mind thinking? To do a little quick inventory of what's happening inside my Kimberly being, and then use that as the entry point. So if I'm suffering about something, that can be an entry point. Those emotions can be the entry point. If my mind is tormenting me about something, those thoughts can become an entry point to prayer, where I use them, where I'm ready to cherish change. I'm ready for some kind of change. Now, I'm using the energy—because everything's energy.
- 01:17:37 So I'm using the energy in a physical symptom, pain. I'm using emotional energy, whether it's happy or not. I'm using mental energy, whatever it is. I'm using my deeper spiritual desire. I'm using all of the energy so that I can go all in in this prayer, every bit of me in in this prayer and connection. And here's where there's no formula. Here's where we're all in and we just allow. Sometimes we don't even need words.
- 01:18:06 Sometimes it's just a feeling or a sense or a knowing of this connection. Sometimes we're just yearning to feel love. Sometimes that deep soul yearning is our prayer without words. But that's what makes the connection. It's going all in. It's not that we say a prayer and then we're done. I can't tell you how many people

come to me and say, "I pray and pray and pray and nothing happens." So I'll say, "Okay. Well, let's do a prayer together. Here, you pray."

01:18:35 And they'll pray, and they'll say, "Dear God, solve this problem for me. Thank you. Amen." And it's like I can feel the door slamming shut. Nothing's going to get through there because they're not ready for change. They don't even know that you have to now hang around and wait for an answer. So one of the ways that I often pray now is I have my journal, and I'll write my prayer because I do still pray for specific things. And I'll write my prayer in my journal. And then I still have my journal in my lap.

01:19:06 I go within and I wait until I get an answer. Now, there are times when I'm sitting on that meditation pillow for a long time. But I don't get up until I get some kind of a response. Sometimes that response is in the form of calm or peace. So if I'm worried or fussing over something, just feeling that calm and peace is a powerful response in myself.

01:19:37 That is my prayer answered. And sometimes I receive messages where the words flow through my brain. It's kind of like I'm talking to myself but it's different. So some people call that channeling. It's different than channeling because it's a more in-body experience. So not only am I getting words, but I get the energy. I get the presence, and it's writing through my hand onto the page the whole experience.

01:20:06 And a lot of my writing, that's actually what's a lot in my books. And that's a lot of what I lead in meditation is this whole-being receptivity. Yeah. So there's that. And sometimes it's just a sense of knowing, so maybe it's a feeling. Sometimes I will feel a sweetness or a joy. And I don't get any information to go with it, but it's that emotional experience, that soul experience of wholeness or joy or a sweetness or a tenderness or a feeling adored or loved that is the answer.

01:20:46 So I don't just pray. I pray, which is the asking, and then I stick around to receive the response. And it always comes. Always. We just have to be alert to recognize it.

01:21:06 Janet Conner: And what you've just described is what all of us deep soul writers do, right? We understand exactly what you're describing with that internal voice that comes through your hands onto the page. So everybody wants to know what's in Prayer Bag #16. What gift do you have for us?

01:21:28 Kimberly Marooney: Oh. So it's so sweet. It's actually an excerpt from *The Little Book of Angel Healing*. And you get to see this beautiful picture on the cover. By the way, this is Cupid and Persephone on the cover because most of our problems originate in a broken heart. Most everything in life comes from a broken heart.

01:21:57 So when I got this cover from my publisher, I recognized this particular painting. I was a little surprised by it at first and, then, as I looked at it, as I felt the energy, I thought, "Oh. They couldn't have put a more perfect cover," because almost all

of our heartaches end up in the problems that we pray about. And so here is a divine love on the cover, a sweetness of divine love.

- 01:22:27 And then also in here you can see the Table of Contents. You get the introductory chapter. By the way, that story about the mother and her son, that was actually part of the foreword that was contributed by my dear friend, Jean Slatter. Jean wrote this beautiful foreword, "Angels to the Rescue," so you get that. And then you also get "A Divine Invitation," which is the first chapter of the book which tells you really what's going on here.
- 01:22:57 It helps you understand why I talk about first responders because angels are on the scene far before anyone else. If you have clairvoyance and you look at any mass shooting or any earthquake or fire or flood, if you look through your inner vision at the moment it's happening, angels are there before the instance happens. So in the scene of a mass shooting, we've had so many of them now, if you go back in time to a moment before the shooting happened, you will see that there are angels with every person, including the shooter.
- 01:23:35 Giving them comfort. Giving them love. Helping them make the transition. And there's a reason for every death. At a deeper level, this is hard to say, but they've agreed to it. So the angels are there right before it happens to transport those souls in peace, in joy, in love. They get to the other side, and sometimes they say, "Wasn't that fun?" So the soul is not traumatized by violent deaths the way we think it is, the way we humans are.
- 01:24:08 We can relax that fear and that misconception that we may have. So, again, with floods, fires, earthquakes, with all that, the angels are the first responders on the scene way before any kind of human help can arrive. So I talk about first responders. How do angels help us like this? It's so sweet. And then I talk about what's going on here. So there are the angel healing remedies. We identify a symptom first. What's your symptom? So you can look through the Table of Contents and find what your symptom is.
- 01:24:41 Then from there, you can go and you can take the remedy. And then there's the angel prescription and, then, there's a blessing at the end. Sometimes it's a prayer. Sometimes it's a blessing. I also borrowed some beautiful works from some of my friends just to have their lovely energy in the book. And so I encourage you to linger in that blessing, to really feel how completely connected you are with the divine. So I talk about the symptoms, the angel prescriptions, the angel blessing.
- 01:25:13 Oh, one more thing I want to say about symptoms. So this was a revelation that I had writing the book that our symptoms really point to the existence of something else. So the physical illness that I had, I was like a limp dish rag. I had no energy, no power, no ability to think or function. And what that was pointing to was how powerful a being I am.

- 01:25:42 And so sometimes it's the reverse that's trying to get our attention. And it was when I began to embrace the power and the glory and the majesty of who I truly am, that's when I could heal. So, likewise, if we've been through a financial disaster, that might be our soul pointing us to the fact that we are the abundance. Or if we've just had a marriage breakup, it could be that that's not the right marriage for us, and there is a greater love coming.
- 01:26:14 Or if we've lost a job or we've lost a home or we've lost... you know, I've been through just catastrophic loss on several occasions in my own life, losing everything. That life, we're done with, and it's time for us to embrace a new life. So our symptoms are leading us to something else, and that's the beauty of this book is helping us begin to recognize that something else, something greater, something miraculous is possible.
- 01:26:48 And that's what the prescription does. The prescriptions take us the 30 different ways that we can connect with our light being, with our master self, with the true vision for who we are, with our blueprint for why we're here. And then, finally, each of the prescriptions ends with a blessing, so you get the first two prescriptions. And the first one is an amazing experience I had with Archangel Raphael. I'd been sick. I was really tired. I was sick and tired of being sick again.
- 01:27:19 And I was calling to Raphael. I was asking him, "Just tell me what to do." And so he took me through this really amazing journey to the healing clinic that was visceral. I could see it. I could feel it. I could smell it and taste it. I was there. So you get the journey to Archangel Raphael's healing clinic, and then the next chapter, which is the first... by the way, that healing clinic journey is the essence, it's the heart of the whole book.
- 01:27:48 And through many of the remedies, I tell you to go back and go to the healing temple, go to the healing clinic. That's chapter one. And chapter two is about receiving divine intervention, so you get a normal chapter. You get all that in this beautiful peek that Hampton Roads created for me. We call it a sample. It's really lovely.
- 01:28:15 Janet Conner: It's the perfect gift because it's one thing to talk about, talk about, talk about. It's a whole other thing to actually get a taste of the book as it's written, as it's divinely guided. So listeners, when you come to janetconner.com/16, there's the whole, I call it the Show Notes page. So you can listen to the show anywhere. You can listen to it on Stitcher and Google Play and iTunes etc.
- 01:28:45 But always, even if you're listening to it there, come to the website so that you can meet Kimberly, visit Gateway University, go to her website, learn more about her in the description. And I've been taking copious notes, so there will be Show Notes because this is way too much to hang on to. And if you're listening while

you're driving, you're not taking notes. And so I'm taking them for you. But most importantly, when you get to the bottom, click and get transcripts.

01:29:16 I think you're going to want a transcript of this show because it is so rich. Click on the Prayer Bag and receive this taste of *The Little Book of Angel Healing*, and then, of course, get the whole copy for yourself. And join the community. I've invited Kimberly to be in our private Facebook group, and you can share your experiences, your questions about the healing clinic, anything at all. And the angels and Kimberly will be there to have a conversation with you.

01:29:50 This is all... a part of this... I don't call it a radio show. I don't even like the word podcast. It's a community. This is a community of people who care deeply about prayer, real prayer, true prayer, original prayer, prayer before and prayer after patriarchy. So I have a wee little gift for you, Kimberly. When I listened to what you've been talking about, I asked myself, "Well, is there a prayer that I have received that mirrors what this is all about, what we've just talked about?"

01:30:30 And even though I received these prayers in 2018, many of them... there's a few that are still coming, but they really came in this wave. It was just a Niagara Falls. I had to have a pen in my hand at all times, and this one—which is an explanation of the speed of love, which is, I think, an explanation of the speed of prayer—came to me last March.

01:30:54 "The Speed of Love"

Are my prayers light?
They are infused with light
written in light
by the Hand of Light

When you read them
read them out loud
slowly and see
if you can feel the Light

The Voice of Light
vibrates in your heart
it opens your pores, expands your cells
so you can hold more Light

That Light is alive

It clears the eyes of your soul and you see what wants to be seen
It awakens the ears of your heart and you hear what wants to be heard

The Light of Love is somewhere in these letters,
And I would like to add it is somewhere on the pages of Kimberly's book,

but I didn't put it there,
and she didn't put it there.

It moved in on its own at the Speed of Love

Light travels very fast
186,000 miles a second they say
but Love travels even faster
because it doesn't travel at all

I love and you are loved
in the same instant

I move and you are moved
I can't tell who moved first

I forgive and you are forgiven
before either of us can take another breath

I change and you are transformed
you change and I am transformed

I pray and you are prayed
We are prayed
We are prayed together
at the Speed of Love

01:32:48 Timothy Frantzich's Voice: This conversation in the mystic with *Prayer Artist* Janet Conner has been rated L.

01:32:58 [music] You are not moving, you are being moved.
You are not singing, you are being sung.
You are not praying, you are being prayed
Prayed at the speed of love.